

# PROTECT YOUR CHILD'S Smile!

## Healthy baby teeth are needed for:

- chewing food,
- talking and
- holding space for permanent teeth.

## Two Minutes of Tooth Time, Two Times a Day!

- Brush your child's teeth two times a day for at least two minutes with a small smear of toothpaste.

**ASK YOUR  
DOCTOR  
OR YOUR  
DENTIST TO**

**CHECK YOUR  
BABY'S TEETH  
BY AGE 1.**

